

CERTIFICATE OF ACHIEVEMENT

This is to certify that

Stephen Rouch (43y)



has successfully competed in

IISA USA Nationals

Brookfield Swim Club Chantilly, VA (Washington DC Area) 14-Jan-2024

250m Freestyle in 03:11.99 minutes

Overall 1st / Age Group (40-44y) 1st Category Men

Pool Course

Water 3.90°C, Wind Chill 0.00°C, Altitude 0m, 38.88° N



United States Chair & Board



TERNATIONAL ICE SWIMMING ASSOCIATION