



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Elaine K Howley (46y) 

has successfully competed in

IISA USA Nationals

Brookfield Swim Club Chantilly, VA (Washington DC Area)

12-Jan-2024

1000m Freestyle in 20:18.27 minutes



Overall 8th / Age Group (45-49y) 1st

Category Women

Pool Course

Water 3.90°C, Wind Chill 0.00°C, Altitude 0m, 38.88° N



Ram Barkai
IISA Chair

