



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Stephen Rouch (43y)** 

has successfully competed in  
**IISA USA Nationals**

Brookfield Swim Club Chantilly, VA (Washington DC Area)  
12-Jan-2024

**1000m Freestyle in 13:23.44 minutes**



Overall 1st / Age Group (40-44y) 1st  
Category Men

Pool Course

Water 3.90°C, Wind Chill 0.00°C, Altitude 0m, 38.88° N



**Ram Barkai**  
IISA Chair

*United States*  
*Chair & Board*

