



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Salwa Assaid (45y) 

has successfully competed in

7th Ice Swim in Morocco

Aguelmam Azegza Lake (Khénifra)

27-Jan-2024

50m Freestyle in 02:20.04 minutes

Overall 11th / Age Group (45-49y) 3rd

Category Women

Open Water Course

Water 0.00°C, Wind Chill 0.00°C, Altitude 1475m, 32.58° N




Ram Barkai
IISA Chair

Morocco
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION