



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Jan Girking** (17y) 

has successfully competed in  
**Ice Bear Trophy Altenwörth**

Altenwörth

13-Jan-2024

**50m Breaststroke in 00:46.30 minutes**

Overall 1st / Age Group (18-24y) 1st

Category Men

Pool Course

Water 1.17°C, Wind Chill 1.10°C, Altitude 0m, 48.38° N



  
**Ram Barkai**  
IISA Chair

*Austria*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION