



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Helmut Ziegner (46y)** 

has successfully competed in  
**Ice Bear Trophy Altenwörth**

Altenwörth

13-Jan-2024

**50m Freestyle in 00:35.47 minutes**

Overall 4th / Age Group (45-49y) 1st

Category Men

Pool Course

Water 1.17°C, Wind Chill 1.10°C, Altitude 0m, 48.38° N



  
**Ram Barkai**  
IISA Chair

*Austria*  
*Chair & Board*

