



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Jonathan Saunders (57y)** 

has successfully competed in  
**IISA GB 2024 Championships**

Sandford Lido, Cheltenham

07-Jan-2024

**500m Freestyle in 07:19.22 minutes**

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**Overall 4th / Age Group (55-59y) 1st**

**Category Men**

**Pool Course**

Water 6.87°C, Wind Chill 6.50°C, Altitude 0m, 51.89° N

**N-ICE Swim (>5°C)**



  
**Ram Barkai**  
IISA Chair

*Great Britain*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION