

## CERTIFICATE OF ACHIEVEMENT

This is to certify that

## Paul White (59y) 😹

has successfully competed in

## IISA GB 2024 Championships

Sandford Lido, Cheltenham 06-Jan-2024

## 1000m Freestyle in 18:39.22 minutes

Overall 11th / Age Group (60-64y) 2nd

Category Men

**Pool Course** 

Water 6.87°C, Wind Chill 6.50°C, Altitude 0m, 51.89° N

N-ICE Swim (>5°C)



Ram Barkai

**IISA** Chair

Great Britain Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION