



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Alisa Ponomareva (31y) 

has successfully competed in
Kyrö Ice Swimming Challenge 5

Ollilantie 12, 21800 Pöytyä

09-Apr-2023

50m Breaststroke in 00:39.27 minutes

Overall 1st / Age Group (30-34y) 1st

Category Women

Pool Course

Water 0.40°C, Wind Chill 12.50°C, Altitude 42m




Ram Barkai
IISA Chair

Finland
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION