



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Albert Stienezen (58y)** 

has successfully competed in

**Amsterdam Ice Swim**

Jeugdland Amsterdam

16-Dec-2023

**500m Freestyle in 07:46.09 minutes**



**Overall 4th / Age Group (55-59y) 1st**

**Category Men**

**Pool Course**

Water 6.40°C, Wind Chill 9.00°C, Altitude 0m, 52.36° N

**N-ICE Swim (>5°C)**



**Ram Barkai**  
IISA Chair

*Netherlands*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION