

CERTIFICATE OF ACHIEVEMENT

This is to certify that

Anita Horn (41y) 💻

has successfully competed in

Amsterdam Ice Swim

Jeugdland Amsterdam 16-Dec-2023

250m Freestyle in 05:10.26 minutes

Overall 10th / Age Group (40-44y) 1st

Category Women

Pool Course

Water 6.40°C, Wind Chill 9.00°C, Altitude 0m, 52.36° N

N-ICE Swim (>5°C)



Ram Barkai

IISA Chair

Netherlands Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION