



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**LAURENT meret** (56y) 

has successfully competed in

Championnat de France Open D1

Megève 1000m

09-Dec-2022

1000m Freestyle in 22:15.95 minutes

Overall 11th / Age Group (55-59y) 3rd

Category Men

Pool Course

Water 5.20°C, Wind Chill 1.00°C, Altitude 1113m, 45.86° N

N-ICE Swim (>5°C)



Ram Barkai  
IISA Chair

*France*  
*Chair & Board*

