CERTIFICATE OF ACHIEVEMENT

This is to certify that

Graham Lock (51y)

has successfully competed in

IISA GB 2023 Championships

Sandford Lido

11-Feb-2023

1000m Freestyle in 15:20.44 minutes

Overall 4th / Age Group (50-54y) 1st

Category Men

Open Water Course

Water 5.47°C, Wind Chill 10.60°C, Altitude 0m

N-ICE Swim (>5°C)

Ram Barkai
IISA Chair

Great Britain
Chair & Board

INTERNATIONAL ICE SWIMMING ASSOCIATION