



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Ines Friebel (59y) 

has successfully competed in

ZOLLHAUS OPEN - German Championships

Landhotel Altes Zollhaus - Neuhermsdorf

25-Feb-2023

100m Breaststroke in 02:12.09 minutes


Overall 5th / Age Group (55-59y) 1st

Category Women

Pool Course

Water 2.00°C, Wind Chill 0.00°C, Altitude 720m, 50.73° N




Ram Barkai
IISA Chair

Germany
Chair & Board

