



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Pavel Stepan** (45y) 

has successfully competed in  
**River Labe CZ Ice Swim**

Hradec Kralove, Czech Republic

27-Nov-2022

**500m Freestyle in 09:11.50 minutes**

Overall 2nd / Age Group (45-49y) 1st

Category Men

Open Water Course

Water 4.57°C, Wind Chill 4.20°C, Altitude 200m, 50.21° N



  
**Ram Barkai**  
IISA Chair

*Czech Republic*  
*Chair & Board*

