

CERTIFICATE OF ACHIEVEMENT

This is to certify that

Valérie Giros (44y)



has successfully competed in

Championnat de France Open D2,3

Megève D 2+3 10-Dec-2022

100m Breaststroke in 01:53.61 minutes

Overall 7th / Age Group (40-44y) 1st **Category Women**

Open Water Course

Water 4.70°C, Wind Chill -2.00°C, Altitude 1113m, 45.86° N



France Chair & Board



TERNATIONAL ICE SWIMMING ASSOCIATION