



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Ram Barkai (65y)** 

has successfully competed in  
**6th Ice Swim in Morocco**

Aguelmam Azagza Lake

21-Jan-2023

**100m Freestyle in 01:33.70 minutes**

Overall 3rd / Age Group (65-69y) 1st

Category Men

Open Water Course

Water 0.00°C, Wind Chill 0.00°C, Altitude 1475m, 32.58° N



**Ram Barkai**  
IISA Chair

*Morocco*  
*Chair & Board*

