



CERTIFICATE OF ACHIEVEMENT

This is to certify that

ayoub el houat (24y) 

has successfully competed in
6th Ice Swim in Morocco

Aguelmam Azagza Lake

21-Jan-2023

200m Freestyle in 04:12.09 minutes

Overall 1st / Age Group (25-29y) 1st

Category Women

Open Water Course

Water 0.00°C, Wind Chill 0.00°C, Altitude 1475m, 32.58° N




Ram Barkai
IISA Chair

Morocco
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION