



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Frederic TAILLANDIER** (52y) 

has successfully competed in  
6th Ice Swim in Morocco

Aguelmam Azagza Lake

21-Jan-2023

1000m Freestyle in 21:38.04 minutes

Overall 5th / Age Group (50-54y) 1st

Category Men

Open Water Course

Water 0.00°C, Wind Chill 0.00°C, Altitude 1475m, 32.58° N



  
**Ram Barkai**  
IISA Chair

*Morocco*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION