





## CERTIFICATE OF ACHIEVEMENT

This is to certify that

## Ilona Vogt Humberg (51y) 💻

has successfully competed in

5th World Championship - Samoens 2023

Samoens 13-Jan-2023

100m Breaststroke in 01:45.00 minutes

Overall 24th / Age Group (50-54y) 4th

Category Women

Open Water Course Water 3.70°C, Wind Chill 2.00°C, Altitude 1000m, 46.06° N

IISA INTERNATIONAL ICE SWIMMING ASSOCIATION

Ram Barkai

**IISA** Chair

**France** Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION