





## CERTIFICATE OF ACHIEVEMENT

This is to certify that

Sue Allingham (58y)



has successfully competed in 5th World Championship - Samoens 2023

> Samoens 15-Jan-2023

50m Freestyle in 00:36.44 minutes

Overall 25th / Age Group (55-59y) 1st

WORLD RECORD - AGE GROUP

WORLD CHAMPION - AGE GROUP

**Category Women** 

Open Water Course

Water 3.70°C, Wind Chill 2.00°C, Altitude 1000m, 46.06° N



France Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION