





CERTIFICATE OF ACHIEVEMENT

This is to certify that

rena demeo (53y) 📕

has successfully competed in

5th World Championship - Samoens 2023

Samoens 15-Jan-2023

50m Freestyle in 01:56.92 minutes

Overall 79th / Age Group (50-54y) 8th

Category Women

Open Water Course

Water 3.70°C, Wind Chill 2.00°C, Altitude 1000m, 46.06° N

IISA INTERNATIONAL ICE SWIMMING ASSOCIATION

Ram Barkai

IISA Chair

France Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION