



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Lena Panchaud (14y) 

has successfully competed in
5th World Championship - Samoens 2023

Samoens
14-Jan-2023

100m Freestyle in 01:24.35 minutes

Overall 33rd / Age Group (8-17y) 2nd

Category Women

Open Water Course

Water 3.70°C, Wind Chill 2.00°C, Altitude 1000m, 46.06° N




Ram Barkai
IISA Chair

France
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION