



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Aldona Prusinowska** (62y) 

has successfully competed in

**5th World Championship - Samoens 2023**

Samoens

14-Jan-2023

**100m Freestyle in 01:34.02 minutes**

Overall 55th / Age Group (60-64y) 6th

Category Women

Open Water Course

Water 3.70°C, Wind Chill 2.00°C, Altitude 1000m, 46.06° N



Ram Barkai  
IISA Chair

*France*  
*Chair & Board*

