





CERTIFICATE OF ACHIEVEMENT

This is to certify that

Janet Manning (58y)



has successfully competed in 5th World Championship - Samoens 2023

> Samoens 14-Jan-2023

100m Freestyle in 01:24.75 minutes

Overall 35th / Age Group (55-59y) 2nd **Category Women**

Open Water Course

Water 3.70°C, Wind Chill 2.00°C, Altitude 1000m, 46.06° N



Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION