



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Sarah coughlan (49y) 

has successfully competed in
5th World Championship - Samoens 2023

Samoens

14-Jan-2023

100m Freestyle in 01:33.05 minutes

Overall 54th / Age Group (50-54y) 6th

Category Women

Open Water Course

Water 3.70°C, Wind Chill 2.00°C, Altitude 1000m, 46.06° N




Ram Barkai
IISA Chair

France
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION