





## CERTIFICATE OF ACHIEVEMENT

This is to certify that

tina deeken (46y)



has successfully competed in 5th World Championship - Samoens 2023

> Samoens 14-Jan-2023

100m Freestyle in 01:26.92 minutes

Overall 42nd / Age Group (45-49y) 5th Category Women [Disabled]

Open Water Course Water 3.70°C, Wind Chill 2.00°C, Altitude 1000m, 46.06° N



Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION