





CERTIFICATE OF ACHIEVEMENT

This is to certify that

Martha Wood (60y)

has successfully competed in

5th World Championship - Samoens 2023

Samoens 13-Jan-2023

500m Freestyle in 07:54.60 minutes

Overall 19th / Age Group (60-64y) 2nd

Category Women

Open Water Course

Water 3.70°C, Wind Chill 2.00°C, Altitude 1000m, 46.06° N

IISA INTERNATIONAL ICE SWIMMING ASSOCIATION

Ram Barkai

IISA Chair

France Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION