



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Catherine Munro (60y) 

has successfully competed in

5th World Championship - Samoens 2023

Samoens

15-Jan-2023

500m Freestyle in 07:48.06 minutes

Overall 16th / Age Group (60-64y) 1st

WORLD RECORD - AGE GROUP

WORLD CHAMPION - AGE GROUP

Category Women

Open Water Course

Water 3.70°C, Wind Chill 2.00°C, Altitude 1000m, 46.06° N



Ram Barkai
IISA Chair

France
Chair & Board

