



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Janet Manning** (58y) 

has successfully competed in

**5th World Championship - Samoens 2023**

Samoens

15-Jan-2023

**500m Freestyle in 09:38.33 minutes**

Overall 46th / Age Group (55-59y) 3rd

Category Women

Open Water Course

Water 3.70°C, Wind Chill 2.00°C, Altitude 1000m, 46.06° N



  
**Ram Barkai**  
IISA Chair

*France*  
*Chair & Board*

