



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Janet Manning (58y) 

has successfully competed in
5th World Championship - Samoens 2023

Samoens
15-Jan-2023

250m Freestyle in 04:24.74 minutes

Overall 42nd / Age Group (55-59y) 4th

Category Women

Open Water Course

Water 3.70°C, Wind Chill 2.00°C, Altitude 1000m, 46.06° N




Ram Barkai
IISA Chair

France
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION