





CERTIFICATE OF ACHIEVEMENT

This is to certify that

Patricia Heffernan (60y)

has successfully competed in

5th World Championship - Samoens 2023

Samoens 14-Jan-2023

100m Backstroke in 01:55.90 minutes

Overall 32nd / Age Group (60-64y) 3rd

Category Women

Open Water Course Water 3.70°C, Wind Chill 2.00°C, Altitude 1000m, 46.06° N

IISA INTERNATIONAL ICE SWIMMING ASSOCIATION

Ram Barkai

IISA Chair

France Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION