



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Kristiina Arusoo (43y) 

has successfully competed in
5th World Championship - Samoens 2023

Samoens
15-Jan-2023

100m Individual Medley in 01:24.80 minutes

Overall 15th / Age Group (40-44y) 1st

WORLD RECORD - AGE GROUP


WORLD CHAMPION - AGE GROUP

Category Women

Certified Pool Course

Water 3.70°C, Wind Chill 2.00°C, Altitude 1000m, 46.06° N




Ram Barkai
IISA Chair

France
Chair & Board

