



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Sue Allingham (58y) 

has successfully competed in
5th World Championship - Samoens 2023

Samoens
15-Jan-2023

100m Individual Medley in 01:37.20 minutes

Overall 39th / Age Group (55-59y) 5th

Category Women

Open Water Course

Water 3.70°C, Wind Chill 2.00°C, Altitude 1000m, 46.06° N



Ram Barkai
IISA Chair

France
Chair & Board

