



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Jean Sparling** (50y) 

has successfully competed in  
5th World Championship - Samoens 2023

Samoens  
15-Jan-2023

100m Individual Medley in 01:39.72 minutes

Overall 41st / Age Group (50-54y) 3rd

Category Women

Open Water Course

Water 3.70°C, Wind Chill 2.00°C, Altitude 1000m, 46.06° N



  
**Ram Barkai**  
IISA Chair

*France*  
*Chair & Board*

