# CERTIFICATE OF ACHIEVEMENT

This is to certify that

## Naomi Apfelbaum Lubek (49y)

has successfully competed in

## Green Heart Ice Swim 2023

Bodegraven-Reeuwijk

05-Feb-2023

## 100m Breaststroke in 01:57.42 minutes

Overall 2nd / Age Group (50-54y) 2nd

Category Women

Open Water Course

Water 5.70°C, Wind Chill 0.00°C, Altitude 0m

**N-ICE Swim (>5°C)**

Ram Barkai
IISA Chair

Netherlands
Chair & Board

INTERNATIONAL ICE SWIMMING ASSOCIATION