



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Piet Muilwijk** (68y) 

has successfully competed in  
**Green Heart Ice Swim 2023**

Bodegraven-Reeuwijk

05-Feb-2023

500m Freestyle in 14:36.12 minutes

Overall 9th / Age Group (65-69y) 1st  
Category Men

Open Water Course

Water 5.70°C, Wind Chill 0.00°C, Altitude 0m

N-ICE Swim (>5°C)



  
**Ram Barkai**  
IISA Chair

*Netherlands*  
*Chair & Board*

