

CERTIFICATE OF ACHIEVEMENT

This is to certify that

Fenwick Ridley (38y) 😹

has successfully competed in

Green Heart Ice Swim 2023

Bodegraven-Reeuwijk 04-Feb-2023

250m Freestyle in 04:11.96 minutes

Overall 2nd / Age Group (35-39y) 1st

Category Men

Open Water Course Water 5.70°C, Wind Chill 0.00°C, Altitude 0m N-ICE Swim (>5°C)



Ram Barkai

Netherlands Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION