



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Fenwick Ridley (38y) 

has successfully competed in
Green Heart Ice Swim 2023

Bodegraven-Reeuwijk

04-Feb-2023

250m Freestyle in 04:11.96 minutes

Overall 2nd / Age Group (35-39y) 1st

Category Men

Open Water Course

Water 5.70°C, Wind Chill 0.00°C, Altitude 0m

N-ICE Swim (>5°C)



Ram Barkai
IISA Chair

Netherlands
Chair & Board

