



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Catherine Munro** (59y) 

has successfully competed in

**IISA GB Championships 2022**

Welton Waters Adventure Centre, Common Lane, Welton, Brough, East  
Yorkshire, HU15 1PT

10-Dec-2022

**500m Freestyle in 08:31.00 minutes**

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Overall 2nd / Age Group (55-59y) 1st

Category Women

Open Water Course

Water 2.20°C, Wind Chill 1.50°C, Altitude 0m, 53.71° N



IISA  
INTERNATIONAL  
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ASSOCIATION



Ram Barkai  
IISA Chair

*Great Britain*  
*Chair & Board*



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ASSOCIATION  
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BRITAIN

