



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Samantha Farrow** (29y) 

has successfully competed in

**IISA GB Championships 2022**

Welton Waters Adventure Centre, Common Lane, Welton, Brough, East  
Yorkshire, HU15 1PT

10-Dec-2022

**500m Freestyle in 09:08.00 minutes**

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Overall 5th / Age Group (25-29y) 1st

Category Women

Open Water Course

Water 2.20°C, Wind Chill 1.50°C, Altitude 0m, 53.71° N



  
**Ram Barkai**  
IISA Chair

*Great Britain*  
*Chair & Board*



