



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Katie Stow (40y) 

has successfully competed in
IISA GB Championships 2022

Welton Waters Adventure Centre, Common Lane, Welton, Brough, East
Yorkshire, HU15 1PT

10-Dec-2022

250m Freestyle in 05:55.00 minutes

Overall 13th / Age Group (40-44y) 4th

Category Women

Open Water Course

Water 2.20°C, Wind Chill 1.50°C, Altitude 0m, 53.71° N

IISA
INTERNATIONAL
ICE SWIMMING
ASSOCIATION



Ram Barkai
IISA Chair

Great Britain
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION