



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Francois Lambrechts (48y) 

has successfully competed in
Aotearoa NZ Ice National Championships

Alexandra Outdoor Pool Central Otago NZ

16-Jul-2022

1000m Freestyle in 19:59.31 minutes

Overall 3rd / Age Group (45-49y) 2nd

Category Men [Disabled]

Certified Pool Course

Water 3.50°C, Wind Chill 0.00°C, Altitude 150m, 45.25° S



A handwritten signature in black ink, appearing to read 'RAB'.

Ram Barkai
IISA Chair

New Zealand
Chair & Board

