



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Ellery McGowan (75y)** 

has successfully competed in  
**Svalbard Arctic Ice Swimming**

Longyearbyen, Svalbard

04-May-2022

400m Freestyle in 09:00.52 minutes

Overall 1st / Age Group (75-79y) 1st

Category Women

Open Water Course

Water -1.00°C, Wind Chill -15.90°C, Altitude 0m, 78.22° N



Ram Barkai  
IISA Chair

*The Arctic*  
Chair & Board

