



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Chiara Negretti (39y)

has successfully competed in

Amsterdam Ice Swim

Amsterdam 18-Dec-2022

100m Breaststroke in 02:23.97 minutes

Overall 12th / Age Group (35-39y) 2nd

Category Women

Pool Course

Water 1.90°C, Wind Chill -10.40°C, Altitude 0m, 52.36° N

IISA INTERNATIONAL ICE SWIMMING ASSOCIATION

Ram Barkai

IISA Chair

Netherlands Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION