



X AMSTERDAM
X ICE
X SWIM

CERTIFICATE OF ACHIEVEMENT

This is to certify that

Addy De Meester (70y) 

has successfully competed in
Amsterdam Ice Swim

Amsterdam

18-Dec-2022

100m Freestyle in 02:19.83 minutes

Overall 8th / Age Group (70-74y) 1st
Category Women

Pool Course

Water 1.90°C, Wind Chill -10.40°C, Altitude 0m, 52.36° N




Ram Barkai
IISA Chair

Netherlands
Chair & Board

