



X AMSTERDAM
X ICE
X SWIM

CERTIFICATE OF ACHIEVEMENT

This is to certify that

Lene Noerboege (58y) 

has successfully competed in

Amsterdam Ice Swim

Amsterdam

18-Dec-2022

500m Freestyle in 08:33.41 minutes

Overall 4th / Age Group (55-59y) 1st

Category Women

Pool Course

Water 1.90°C, Wind Chill -10.40°C, Altitude 0m, 52.36° N




Ram Barkai
IISA Chair

Netherlands
Chair & Board

