



X AMSTERDAM
X ICE
X SWIM

CERTIFICATE OF ACHIEVEMENT

This is to certify that

Rona Eijkelhoff (66y) 

has successfully competed in
Amsterdam Ice Swim

Amsterdam

17-Dec-2022


250m Freestyle in 04:48.32 minutes

Overall 5th / Age Group (65-69y) 1st
Category Women

Pool Course

Water 1.90°C, Wind Chill -10.40°C, Altitude 0m, 52.36° N




Ram Barkai
IISA Chair

Netherlands
Chair & Board

