



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Aldona Prusinowska (61y) 

has successfully competed in
Gdynia Winter Swimming Cup

GDYNIA

08-Jan-2022

100m Freestyle in 01:30.79 minutes

Overall 9th / Age Group (60-64y) 1st

WORLD RECORD - AGE GROUP

Category Women

Open Water Course

Water 2.39°C, Wind Chill -4.00°C, Altitude 0m, 54.52° N




Ram Barkai
IISA Chair

Poland
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION