



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Grzegorz Truchan (60y)** 

has successfully competed in  
**Gdynia Winter Swimming Cup**

GDYNIA

08-Jan-2022

**250m Freestyle in 06:17.48 minutes**

Overall 29th / Age Group (60-64y) 1st


**WORLD RECORD - AGE GROUP**

Category Men

Open Water Course

Water 2.39°C, Wind Chill -4.00°C, Altitude 0m, 54.52° N



  
**Ram Barkai**  
IISA Chair

*Poland*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION