



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Simon Harmer (45y) 

has successfully competed in
Invitational GB Elite Training

Hatfield, Doncaster

11-Dec-2021

1000m Freestyle in 23:22.78 minutes

Overall 7th / Age Group (45-49y) 3rd

Category Men [Disabled]

Open Water Course

Water 6.00°C, Wind Chill 8.00°C, Altitude 0m, 53.58° N

N-ICE Swim (>5°C)




Ram Barkai
IISA Chair

Great Britain
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION